



**INVITATION TO THE VANTAA CUP 2009  
30<sup>th</sup> ANNIVERSARY OF THE COMPETITION**

We have a pleasure to invite 7 wrestlers, 2 officials and 1 referee from your country to participate in the Vantaa Cup to be held on November 21-22, 2009 in Vantaa, Finland.

COMPETITION VENUE:

Tikkurilan Urheilutalo/The Tikkurila Sports Centre, Vantaa

COMPETITION SCHEDULE:

www.urheilupuisto.com  
Saturday November 21, at 11.00 and 18.00  
**categories 55,66,84 and 120 kg**  
Sunday November 22, at 9.00 and 15.00.  
**categories 60,74 and 96 kg**  
Greco-Roman

STYLE:

WEIGH-IN:

Friday November 20, at 19.00 – 19.30.  
Saturday November 21, at 16.00 – 16.30.  
at the Tikkurila Sports Centre

CATEGORIES:

55, 60, 66, 74, 84, 96, 120 kg (+ 2kg allowed)

RULES:

The FILA Rules

ENTRIES:

**The preliminary entry** shall be sent by **September 21, 2009 (enclosure – please fill in the parts marked with yellow).**  
**The final entry** with names and weight categories shall be sent by **October 21, 2009 (enclosure – please fill in the parts marked with yellow)** by mail / fax / e-mail to the Vantaa Cup Organizing Committee (See paragraph "INFORMATION / INQUIRIES").

ACCOMMODATION:

The Organizing Committee will provide the board and lodging from Friday November 20 to Monday November 23, 2009.  
The Hotel Tikkurila / Tikkurila Sports Hall  
Tel: +358 9 838 400  
Fax: +358 9 8758 5555  
or at  
The Hotel Cumulus Airport  
Tel: + 358 9 4157 7100  
Fax: + 358 9 4157 7101

**The costs for extra persons are 80 € per night including meals.**

TRANSPORTATION:

All delegations have to pay their travel costs to and from Helsinki. The Organizing Committee will meet your team at the Helsinki-Vantaa Airport, at the Helsinki Harbour or at the Helsinki Railway Station. The committee will also provide the local transportation between the hotel and competition place.

INFORMATION/  
INQUIRIES:

The Vantaa Cup Organizing Committee  
E-Mail: [vantaacup@hotmail.com](mailto:vantaacup@hotmail.com)  
Fax: +358 9 3465 7731  
The Finnish Wrestling Federation (only inquiries)

**WELCOME TO THE VANTAA CUP 2009 – THE 30<sup>TH</sup> ANNIVERSARY OF THE COMPETITION!**